



Monthly Menu for
February 2025



Menu for Week 1			
Day of the Week	Breakfast	Lunch	Snack
Monday 2/03/25	Chex Cereal, Oranges, Milk	Turkey Burgers w/ Cheese on "WGR" Bun, Baked Beans, Tropical Fruit Salad, Milk	Sun-butter & Carrot Sticks
Tuesday 2/04/25	Oatmeal, Blueberries, Milk	Beef Tacos on "WGR" Wraps & Hard Shells, Lettuce, Cheese, Broccoli, Sour Cream, Salsa, Pears, Milk	Bananas, Milk
Wednesday 2/05/25	Corn Flakes, Bananas, Milk	Grilled BBQ Chicken, "WGR" Brown Rice, Corn, Oranges, Milk	Yogurt & Strawberries
Thursday 2/06/25	Buttermilk Biscuit w/ Jelly, Apple Sauce, Milk	Baked Cod w/ Lemon Garlic Sauce, Peas "WGR" Roll, Apples, Milk	Pears, Milk
Friday 2/07/25	Waffles on a Stick w/ Whipped Cream, Mixed Berries, Milk	Extra Cheese Pizza on "WGR" Crust, Mixed Vegetables, Tropical Fruit Salad, Milk	Lemon Streusel Muffin, Milk

Menu for Week 2			
Day of the Week	Breakfast	Lunch	Snack
Monday 2/10/25	Cheerios, Pears, Milk	Chicken Salad on "WGR" Wraps, Roasted Corn, Apple Fruit Salad, Milk	Yogurt & Pears
Tuesday 2/11/25	Pumpkin Oatmeal, Raisins, Milk	Baked Flounder w/ Lemon Garlic Sauce, "WGR" Brown Rice, Oranges, Green Beans, Milk	Cranberry Orange Muffin, Milk
Wednesday 2/12/25	"WGR" Pancakes w/ Powdered Sugar, Apple Sauce, Milk	Cheese Ravioli w/ Marinara Sauce, Roasted Broccoli, Pears, Milk	Sun-butter & Crackers
Thursday 2/13/25	Life Cereal, Bananas, Milk	Teriyaki Meatball sliders on "WGR" Bun, Potato Wedges, Apples, Milk	Mango Bites, Milk
Friday 2/14/25	Bagel w/ Pumpkin Cream Cheese, Blueberries, Milk	Baked Lasagna, Roasted Carrots, Tropical Fruit Salad, Milk	"WGR" Pumpkin Bread, Milk

Menu for Week 3			
Day of the Week	Breakfast	Lunch	Snack
Monday 2/17/25	Center	Closed	
Tuesday 2/18/25	Oatmeal w/ Cinnamon, Apple Sauce, Milk	Grilled Cheese on “WRG” Bread, Tomato Soup, Tropical Fruit Salad, Milk	Sun-butter & Crackers
Wednesday 2/19/25	Buttermilk Biscuit w/ Jelly, Bananas, Milk	Baked Haddock w/ Lemon Garlic Sauce, “WGR” Brown Rice, Broccoli, Oranges, Milk	Pears, Milk
Thursday 2/20/25	Life Cereal, Pears, Milk	BBQ Beef Burgers on “WGR” Bun, Baked Beans, Apples, Milk	Yogurt & Mango
Friday 2/21/25	“WGR” French Toast, Syrup, Blueberries, Milk	Cheese Pizza on “WGR” Crust, Mixed Vegetables, Tropical Fruit Salad, Milk	Bananas, Milk

Menu for Week 4			
Day of the Week	Breakfast	Lunch	Snack
Monday 2/24/25	Corn Flake Cereal, Apples, Milk	Teriyaki Grilled Chicken, “WGR” Brown Rice, Green Beans, Oranges, Milk	Yogurt Parfait w/ Strawberries, Granola
Tuesday 2/25/25	Waffles w/ Powder Sugar, Raspberries, Milk	Cheese Quesadilla on “WGR” Wraps, Sour Cream, Salsa, Roasted Corn, Mango, Milk	Oranges, Milk
Wednesday 2/26/25	Lemon Streusel Muffin, Milk	Sweet & Sour Turkey Meatballs, Mashed Potatoes, Peas, “WGR” Bread, Milk	Sun-butter & Apples
Thursday 2/27/25	Chex Cereal, Oranges, Milk	Tuna Salad on “WGR” Wrap, Mixed Vegetables, Oranges, Milk	Bananas, Milk
Friday 2/28/25	“WGR” Oatmeal w/ Cinnamon, Mixed Berries, Milk	Cheese Ravioli w/ Marinara Sauce, Mixed Vegetables, Tropical Fruit, Milk	Cranberry Muffins, Milk

Additional Information

Infant Class Substitution: Apples and Oranges will be replaced with seasonal melon or applesauce. Lettuce will be replaced with mixed vegetables. The infant class will be offered whole grain items for their afternoon snack.

Bread [Enriched or Whole-Grain]: ½ slice Cereal/Pasta [Cooked, Enriched or Whole-Grain] 2 oz.
Organic Milk-Fluid: 12-24 mos.: 4 oz. Whole Milk 24-36 mos. :4 oz. 1% Low-Fat Milk 3-5yr olds: 1% Low Fat
Vegetarian Substitutions: Veggie Burger, Hard Boiled Egg, Pasta Primavera, Grilled Cheese, Egg Salad