



**Monthly Menu for**  
**December 2024**



<b>Menu for Week 1</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday</b> 12/02/24	Life Cereal, Oranges, Milk	Beef Burgers w/ Cheese on "WGR" Bun, Baked Beans, Pears, Milk	Sun-butter & Apples
<b>Tuesday</b> 12/03/24	Pancakes w/ Syrup, Mixed Berries, Milk	Turkey Chili w/ Red Beans, "WGR" Corn Muffin, Tropical Fruit Salad, Milk	Bananas, Milk
<b>Wednesday</b> 12/04/24	Oatmeal, Pears, Milk	Grilled BBQ Chicken, Brown Rice, Green Beans, Apples, Milk	Yogurt & Mixed Berries
<b>Thursday</b> 12/05/24	Buttermilk Biscuit w/ Jelly, Apple Sauce, Milk	Baked Flounder w/ Lemon Garlic Sauce, Mixed Vegetables, "WGR" Roll, Oranges, Milk	Pears, Milk
<b>Friday</b> 12/06/24	Corn Flakes, Bananas, Milk	Extra Cheese Pizza on "WGR" Crust, Roasted Broccoli, Tropical Fruit Salad, Milk	Corn Muffin w/ Honey, Milk

<b>Menu for Week 2</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday</b> 12/09/24	Cheerios, Raspberries, Milk	Chicken Cheese Steak Sliders on "WGR" Bun, Potato Wedges, Apples, Milk	Yogurt & Pears
<b>Tuesday</b> 12/10/24	Cranberry Orange Muffins, Apple Sauce, Milk	Beef Tacos w/ "WGR" Hard & Soft Shell, Roasted corn, Pears, Salsa, Sour Cream, Lettuce & Cheese, Milk	Oranges, Milk
<b>Wednesday</b> 12/11/24	Bagels w/ Apple Butter, Oranges, Milk	Baked Haddock, "WGR" Brown Rice, Carrots, Milk	Crackers & Cheese
<b>Thursday</b> 12/12/24	Oatmeal, Raisin, Milk	Turkey Cranberry Meatballs, Mashed Potatoes, Peas, "WGR" Roll, Milk	Blueberries, Milk
<b>Friday</b> 12/13/24	Chex Cereal, Pears, Milk	Baked Mac & Cheese w/ "WGR" Pasta, Mixed Vegetables, Tropical Fruit Salad, Milk	Corn Muffins, Milk

<b>Menu for Week 3</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 12/16/24</b>	Corn Flakes, Pears, Milk	Turkey Burgers w/ Cheese on “WGR” Bun, Sweet Potato Fries, Tropical Fruit Salad, Milk	Sun-butter & Carrot Sticks
<b>Tuesday 12/17/24</b>	Oatmeal w/ Cinnamon, Raspberries, Milk	Cheese Quesadilla on “WGR” Wrap, Brussel Sprouts, Oranges, Salsa, Sour Cream, Milk	Apples, Milk
<b>Wednesday 12/18/24</b>	Corn Muffins w/ Honey, Apple Sauce, Milk	Grilled Chicken, “WGR” Brown Rice, Carrots, Apples, Milk	Yogurt Parfit w/ Raspberries, Granola
<b>Thursday 12/19/24</b>	Waffles w/ Powered Sugar, Blueberries, Milk	Baked Cod w/ Lemon Garlic Sauce, Broccoli, “WGR” Roll, Pears, Milk	Oranges, Milk
<b>Friday 12/20/24</b>	Life Cereal, Oranges, Milk	Grilled Cheese on “WGR” Bread, Tomato Soup, Tropical Fruit Salad, Milk	Cranberry Bread, Milk

<b>Menu for Week 4</b>			
<b>Day of the Week</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday 12/23/24</b>	Buttermilk Biscuit w/ Jelly, Apple Sauce, Milk	Chicken Broccoli Rice Casserole, “WGR” Brown Rice, Tropical Fruit Salad, Milk	Cheese & Crackers
<b>Tuesday 12/24/24</b>	<b>Center Closed</b>	<b>Christmas Eve</b>	
<b>Wednesday 12/25/24</b>	<b>Center Closed</b>	<b>Merry Christmas</b>	
<b>Thursday 12/26/24</b>	<b>Center Closed</b>	<b>Kwanza Begins</b>	
<b>Friday 12/27/24</b>	French Toast Sticks w/ Syrup, Pears, Milk	Cheese Pizza on “WGR” Crust, Mixed Vegetables, Apples, Milk	Yogurt & Pears

**Additional Information**

Infant Class Substitution: Apples and Oranges will be replaced with seasonal melon or applesauce. Lettuce will be replaced with mixed vegetables. The infant class will be offered whole grain items for their afternoon snack.

Bread [Enriched or Whole-Grain]: ½ slice    Cereal/Pasta [Cooked, Enriched or Whole-Grain] 2 oz.

Organic Milk-Fluid: 12-24 mos.: 4 oz. Whole Milk 24-36 mos. :4 oz. 1% Low-Fat Milk 3-5yr olds: 1% Low Fat

Vegetarian Substitutions: Veggie Burger, Hard Boiled Egg, Pasta Primavera, Grilled Cheese, Egg Salad